

"Cutting Through the Fog of War"

## Why We Vigil (If It Doesn't Stop the War)

By Mashaw McGuinnis

An acquaintance of mine recently remarked that he doesn't see the point in standing vigil with the Vets For Peace because, "It hasn't stopped the war, so what's the point"? Millions of people worldwide, both vigilers and observers ponder the same question. Why do we stand silently in the sometimes chilly, sometimes sweltering afternoon, even in pouring rain, while passers-by make snide remarks or flip their middle fingers as they drive past? O.K., so vigilers are making a statement. We are raising awareness. But you may ask why can't we do that in a conversation over coffee?

When I stood with the Women In Black every Friday, my friend Arnold would demand "what are you really accomplishing by just standing there"? I was perplexed, and truthfully had a hard time coming up with an answer, but it came during a peace group meeting when a friend told me this story: As a young man, he noticed a group of people in his town, standing week after week in the same spot while the Viet Nam war raged on. At the same time on the same day of every week they stood there in silence. He thought them odd at first. They had been doing it for years, and you could set your clock by how regular they were. At one point he found himself questioning their sanity. Many of them were pretty old, and even bad weather didn't keep them away.

It would be impossible to say how many times he had been by that spot and seen those people just standing there. A hundred times? Two hundred? He wondered t o himself why anyone would keep going back every single week to just stand there. It certainly hadn't stopped the war. He often wondered "don't those people have anything more important to do"?

As that thought came to his mind, he realized that maybe they really didn't have anything more important to do. Maybe protesting the war in Viet Nam by standing there silently was the most important thing they had to do. But according to the news, this protest stuff was going on all over the country. Were there thousands of other people in thousands of other towns who thought that? All of them?

Last month during the North Country Fair, a young man stopped us. My partner was wearing a Veterans For Peace tee shirt. He said "Hey I was noticing your shirt. Aren't those the guys who stand on that corner over there every week"? Yes, we answered. There was a pause. I held my breath while waiting for the inevitable argument that we should support our troops. The young man said quietly, "You know, I've been wondering about that group...and the war...and well, whether we should really be involved and all that. Like, doesn't the Bible say something against war "?

In an instant I felt my heart go soft at his innocence and openness. It seemed he had been pondering these things for some time, and each time he saw the group standing vigil, he questioned it again. He said he had seen similar groups standing in the town where he was from, and they stood there too, week after week just like here. He was beginning to wonder things like what war really meant and was our military really there protecting us, or was it about oil like people said? He was also starting to wonder whether or not the news was reporting the truth at all. All of these people he noticed standing together silently must be doing it for something...

We answered the young man's questions as best we could. We told him that he would be welcome to stand with the group any time, he needn't be a veteran. We talked with him for several minutes and then shook hands before walking on. I never saw him again after that.

Not all important change comes in the form of a lightening bolt. It took six million years of the Colorado River working steadily to create a Grand Canyon. Forty years after the young man wondered why those odd people vigiled against the Viet Nam war, he is now a member of Veterans for Peace.

We don't vigil because we think it will stop the war. For many of us, it's simply the most important thing we have to do.



### **VETERAN REPORT CARD**

Richard Gilchrist has found and interesting website which gives our politicians a grade for their votes on veteran issues. To see how your favorite government person is serving yours, and other veterans' needs, go to http://www.VeteranReportCard.org. You might be surprised by some of the ways veterans are being represented, or not!!

### Art exhibit of 'When My Father Returned from War

By Annie Reid

The 'When My Father Returned from War' art exhibit location has changed from Westhaven. It will be exhibited in Old Town Eureka through the month of November. I hope you can visit it, and come to the reception. I hope all is well with you!

Annie (the exhibit information follows)

Exhibit: When My Father Returned from War

What: a year-long artist-in-residence project of large charcoal and graphite drawings from memories living with a returned combat POW veteran father who suffers from post-traumatic stress.

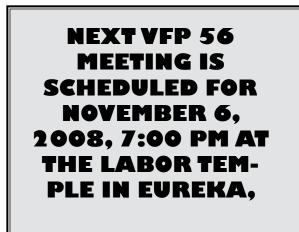
When: November, month-long exhibit

Where: The Gallery at Humboldt Carpet, corner of 2nd and G, Old Town, Eureka

Reception: November 1, Arts Alive, 6-9 p.m.

Veteran's Day reception, Nov 11: in remembrance and honoring of all who have served and been affected by war. Meet the artist. 1-4 p.m.

Questions and additional information, contact the artist: Annie Reid, studio@anniereid.com, www.anniereid.com, 707-677-0927



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### School of the Americas / Western Hemisphere Institute for Security Cooperation November Vigil 21st, 23rd

By Father Roy Bourgeois

The US Army School of Americas (SOA), based in Fort Benning, Georgia, trains Latin American security personnel in combat, counter-insurgency, and counter-narcotics. SOA graduates are responsible for some of the worst human rights abuses in Latin America. In 1996 the Pentagon was forced to release training manuals used at the school that advocated torture, extortion and execution. Among the SOA's nearly 60,000 graduates are notorious dictators Manuel Noriega and Omar Torrijos of Panama, Leopoldo Galtieri and Roberto Viola of Argentina, Juan Velasco Alvarado of Peru, Guillermo Rodriguez of Ecuador, and Hugo Banzer Suarez of Bolivia. Lowerlevel SOA graduates have participated in human rights abuses that include the assassination of Archbishop Oscar Romero and the El Mozote Massacre of 900 civilians.

In an attempt to deflect public criticism and disassociate the school from its dubious reputation, the SOA was renamed the Western Hemisphere Institute for Security Cooperation (WHINSEC) in 2001. The name change was a result of a Department of Defense proposal included in the Defense Authorization Bill for Fiscal 2001, at a time when SOA opponents were poised to win a congressional vote on legislation that would have dismantled the school. The name-change measure passed when the House of Representatives defeated a bi-partisan amendment to close the SOA and conduct a congressional investigation by a narrow ten-vote margin. (See Taking Points, Critique of New School, Vote Roll Call.)

In a media interview, Georgia Senator and SOA supporter the late Paul Coverdell characterized the DOD proposal as a "cosmetic" change that would ensure that the SOA could continue its mission and operation. Critics of the SOA concur.

SOA Watch is a nonviolent grassroots movement that works through creative protest and resistance, legislative and media work to stand in solidarity with the people of Latin America, to close the SOA/WHINSEC and to change oppressive U.S. foreign policy that institutions like the SOA represent. We are grateful to our sisters and brothers throughout Latin America and the the Caribbean for their inspiration and the invitation to join them in their struggle for economic and social justice.

Join us on Nov. 21-23, 2008: Converge on Fort Benning, Georgia. The annual November vigil to close the School of the Americas at the gates of Fort Benning will follow the presidential election by two weeks. It will be an opportunity for the progressive movement to push for the closure of the SOA/WHINSEC and to set an agenda against oppressive U.S. foreign policy, whatever the result of that election will be.

### Army Widow Sues U.S. Over Suicide

By Maryclaire Dale - The Associated Press

PHILADELPHIA — The widow of an Iraq war veteran who committed suicide while in outpatient care for depression at a Veterans Affairs hospital has sued the federal government for negligence.

Tiera Woodward, 26, claims in her lawsuit that her late husband, Donald, sought treatment at a VA hospital in Lebanon after three failed suicide attempts but wasn't seen by a psychiatrist for more than two months.

She says doctors were slow to diagnose Donald with major depression. A psychiatrist diagnosed him Feb. 2, 2006, about a month before he died, the lawsuit states. But the psychiatrist failed to schedule a follow-up meeting with Donald after he informed the doctor he had gone off his medication.

Donald deployed to Iraq with the Army in March 2003 and saw five months of active combat. Upon his return, he got a job and enrolled in college, but by July 2005, his mother says, he had become "different, quiet and withdrawn."

"I intend to make them make changes," said Donald Woodward's mother, Lori Woodward. "I have too many friends whose kids are in Iraq. I have a nephew now in Iraq, in the same unit, and I can't have my family go through this again."

Alison Aikele, a VA spokeswoman in Washington, D.C., said the agency does not typically comment on pending litigation.

Tiera Woodward filed the lawsuit only after the government failed to respond to her SF-95 form, a claim for death benefits that she filed Aug. 9, 2006. The claim was for \$2 million.

The lawsuit seeks an unspecified amount of compensation for Donald Woodward's funeral and related expenses, loss of earnings and for pain and suffering.

It echoes other lawsuits nationwide over VA mental health services, despite legislation President Bush signed in November ordering improvements.

The family of Marine Jeffrey Lucey, also 23, has a federal suit pending in Massachusetts over his June 2004 suicide. And two veterans groups sued the VA in San Francisco seeking an overhaul of its health system, citing special concerns about mental health, but a judge dismissed the suit in June over venue issues.

More than 150,000 Iraq and Afghanistan war veterans have already sought mental health care from the VA, and another 200,000 have sought medical care, according to Veterans for Common Sense, veterans group that sued VA in San Francisco seeking an overhaul of its health system, citing special concerns about mental health. A judge dismissed the suit in June over venue issues.

"Each tragic veteran suicide is yet another painful reminder of the human cost of the Iraq and Afghanistan wars and VA's abject failure to provide timely and appropriate mental health care," said Paul Sullivan, the group's executive director. "How many wakeup calls does VA need?"

Submitted By Mashaw McGuinnis

### COORDINATING COMMITTEE RECOMMENDATIONS

By Stephen Sottong

The Coordinating Committee met on October 23rd to discuss several issues related to VFP 56. A couple of concerns and recommendations were as follows:

#### DUES

The Coordinating Committee took up the question of dues. The annual dues for the chapter have not been raised in several years and the committee felt it was time for an increase to keep our budgets in line. We are proposing increasing the annual dues to \$20. In addition, we propose a \$200 lifetime membership in the chapter. This money would go into a seperate endowment account to aid our long term financial health. Members who could not afford the annual dues could request a waiver. The proposals will be debated at the next monthly meeting.

#### **READING THE FOGHORN ONLINE**

The Foghorn is getting to be quite a monthly expense with the printing and mailing costs. We would like to encourage all members, who have access to the internet to get their copies online, thus cutting the cost of distribution to the Chapter.

The online edition of the Foghorn is in a format called PDF. Most of you with internet access already have the software necessary to read this kind of file. If you don't, there are two places online where you can download the software free. The first is Adobe:

http://www.adobe.com/products/acrobat/readstep2.html

The download from Adobe is 33.5 Megabytes. There is also a smaller reader available from Foxit Software:

http://www.foxitsoftware.com/downloads/

This reader is only 2.6 Megabytes; however, it doesn't integrate directly into your browser. Either will allow you to read and print the Foghorn.



### Veterans Press for Information on 1960s Chemical Tests, Complain of Health Impact

#### By Erica Werner, AP News

Jack Alderson was ordered never to talk about the secret weapons tests he helped conduct in the Pacific during the 1960s. He kept quiet for decades.

Sparse attendance at a 1993 reunion prompted Alderson, a retired Navy Reserve lieutenant commander, to speak out. He learned that more than half of the 500 or so crew members who took part in the tests were either dead or suffering from cancer, respiratory problems or other ailments. Alderson wondered whether his own skin cancers, allergies and chronic fatigue were linked to those tests or were simply the result of aging.

"I was told by my bosses and the docs and so forth that if you follow these routines ... you're going to be OK," Alderson, 74, said in an interview. "We did exactly as told. And we're finding out now that we're sick."

Alderson and other witnesses were to testify before a House Veterans Affairs panel considering legislation that would require more Pentagon disclosure about the Cold War-era germ and chemical weapons testing and extend benefits to veterans who participated in them. A similar bill was scheduled for a vote in the Senate Veterans Affairs Committee later in 2008.

Lawmakers say the legislation is needed because the Pentagon has not acknowledged a link between the tests and health problems, which has made it difficult for veterans to get health coverage. Pentagon officials don't rule out a health link but say it's tough to prove.

"We cannot say that this exposure 40 years ago had absolutely no health effect," said Dr. Michael Kilpatrick, the Pentagon's deputy director for force health protection and readiness. "I don't think any physician would risk saying that. Because how do you prove that that's the case?"

A similar debate took place around Agent Orange, the chemical defoliant used by U.S. forces in Vietnam that was linked to cancer and other ailments in those exposed to it. At Congress' insistence in the late 1980s, the government extended benefits to veterans and their children suffering from Agent Orange-related diseases.

The bill under consideration by Reps. Mike Thompson, D-Calif., and Denny Rehberg, R-Mont., is patterned after the Agent Orange legislation.

In testimony prepared for the hearing, obtained in advance by The Associated Press, Bradley Mayes, the Veterans Affairs De-



partment's director of compensation and pensions, calls the legislation unnecessary, "due to the lack of credible scientific and medical evidence that adequately demonstrates any statistically significant correlation" between the tests and participants' diseases.

Last year, the Institute of Medicine, which advises the government on medical and health matters, found no specific health effects as a result of Project SHAD — Shipboard Hazard and Defense. Alderson, Thompson and others argue that the report was shoddily done and left out key information.

"It started out being a secret project and turned into being a CYA type of thing, you know, cover your rear end. And an embarrassment," Thompson said of the tests and their aftermath.

Action from Congress would be a relief to Alderson, who lives modestly in Ferndale, Calif., among the redwoods north of San Francisco. His home is decorated with stacks of documents about his days in charge of a fleet of five light tugboats that were sprayed with biological agents and cleaned afterward with solvents, some of which now are considered carcinogenic.

During the tests, conducted amid Cold War concerns about the Soviet Union's weapons capabilities, the military tested germs such as bacteria that could cause tularemia and Q fever, serious diseases more commonly found in animals. Also used were nonlethal simulated agents, including E. coli, now known to pose health dangers.

Test participants were given experimental vaccines but weren't told of any risks, only that the shots were a protective measure, Alderson said. Project SHAD also involved spraying service members aboard large Navy ships.

Kilpatrick acknowledges that some participants weren't fully informed about the project they were part of but says safety precautions taken then were appropriate for the time.

Alderson said he has pressed the Pentagon for answers about the secret tests because he feels he owes that to the crews he commanded.

In 1995, Alderson got a copy of a letter that the Navy's medicine and surgery bureau sent to his then-congressman, Rep. Frank Riggs, stating they had no records of Project SHAD. Six years later, after continued questioning from Riggs and Thompson, the Pentagon began to publicly release details on the existence of Project SHAD and its umbrella program, Project 112, which involved distribution of nonlethal bacteria and occasionally real chemical or biological weapons.

The Defense Department now says 6,440 service members took part in 50 tests under Project 112 between 1962 and 1973, including open-air tests above a half-dozen U.S. states. *Submitted by Jim Sorter* 

### **Ceramic Artist & Iraq War Veteran Jesse Albrecht Shares Techniques and Experiences at College of the Redwoods**

**Bv** Tom Pinto

On October 16th & 17th, the College of the Redwood Clay Club hosted ceramic artist and Iraq war veteran Jesse Albrecht. During his visit, Albrecht recounted some of his experiences from spending 18 months on active duty with the Iowa National Guard, one year of which was spent in Iraq. His experiences, which included duty as a medic in Mosul, left an indelible mark upon his psyche and artwork. Undoubtedly, his sculptures tell a personal narrative of an artist who has experienced war.

During Albrecht's two-hour lecture in the ceramics studio on the first evening, he showed slides that he had taken in Iraq as well as slides of his recent sculptures. Albrecht steered around the politics of war and morality, stating that he now sees a lot of "shades of gray" as to what is right and wrong. "War has intertwined itself with my family the past century. One year in Iraq of kill or be killed shattered my personal understanding of good and evil, right and wrong. Art helps me process and communicate such overwhelming sensory and emotional experience and its reoccurring daily effects; beautiful to nauseating sights, feelings, experiences, thoughts and actions. Historical, contemporary and personal images blend to illustrate my daily struggles in understanding."

Albrecht described his experience as "the best of times and the worst of times." There were many short vignettes that he shared during his slideshow. He gave descriptions of how he saw beautiful children playing in the streets yet there would be needles littering the streets. Of course, no war is without death and he talked rather briefly about losing buddies. With regards to the "good times", Albrecht told the audience of mostly students about how he spent time in northern Iraq during the 4th of July with about 25 other American soldiers. The Kurdish community hosted a feast in honor of them and there was much dancing and celebrating. He described how it is customary for the men to hold hands and dance and the locals all wanted to hold the hands of the Americans and dance.

I spent Friday in the studio at College of the Redwoods to observe the artist at work. As a person striving to develop my own ceramic ideas, it was both educational and stirring for me to see Albrecht's images from the war zone and to see how that is translated into his own "visual vocabulary". His sculptures are decorated with an historical reference to the way airplane crews would decorate airplanes or bombs during WWII. Albrecht used a potter's wheel and slab building techniques to create sculptures whose forms reference artillery shells and the pointy robed hoods of the prisoners at Abu Graib.

Throughout his demonstration, Albrecht repeatedly emphasized how working with clay mirrors our struggles in life. So often when working with clay, it just doesn't do what you want. Life is like often like that. You try to make something out. You do the best you can with what you've got.

# How To Disarm Weapons of Mass Deception By Dave Berman

The phrase "weapons of mass deception" is a well recognized play on "weapons of mass destruction," and is well understood to refer to the corporate media. As a fascist state, it is really the corporate/military/government/media juggernaut that bombards and assaults freedoms and liberties, dumbing-down, propagandizing, manipulating, and feeding us The Big Lie. We have to protect ourselves, not only from our government's lawlessness, but also from weapons of mass deception. Kill your television, yes, a good place to start. Now we are going further ...

Yesterday I appeared as a guest on the Peter B. Collins syndicated talk radio show (part 1, part 2). We talked about an open letter, published yesterday at We Do Not Consent, New Zealand's Scoop, as well as other progressive news sites (known list of x-posts below). PBC added his name to Mark Crispin Miller, David Swanson, Lynn Landes, Rob Kall, and more than 15 other media truth-tellers so far who have begun to disarm the weapons of mass deception.

George Orwell: "In a time of universal deceit, telling the truth becomes a revolutionary act."

My rally cry has long been "Peaceful revolution is necessary, NOW!"

Put the two together and we have media telling the truth to their colleagues and industry, questioning how federal election results can be reported as fact when they can not be independently verified or even proven, and come from only one conflicted source, the very government whose grip on power is at stake.

The power of weapons of mass deception emanates at full strength unless we challenge the phony narrative and distracting drama portrayed as the important stories of the day. But the challenge alone is not enough. To disarm weapons of mass deception we must also supplant its fabricated reality with what is really going on.

The letter itself is only a first step. The list of signers, while meaningful, is static even as it grows longer. The impact of this truth-telling comes in telling it repeatedly and seeing those who encounter it begin to tell it yet again.

....continued on page 6



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The default response of the weapons will be to ignore. The truth-tellers challenge will be mostly won merely by engaging with the weapon, insisting on not being ignored. Members of the reading and thinking public can and hopefully will self-identify as truth-tellers, rather than externalizing that label onto the courageous early adopters of the letter.

Confronting The Big Lie means calling out simple truths hiding in plain site. Consider it converting unconventional wisdom to conventional wisdom. That implies enormous reach and explicitly calls us all to action. How hard can it be to call a talk show host or e-mail an opinion writer and have them address this, from the open letter:

There are three very simple basic facts about the way US federal elections are conducted now, and we think they lead to an inescapable conclusion that must be addressed.

See if you agree:

1. We have secret corporate vote counting computers counting more than 95% of the votes cast in the United States;

2. The absence of paper ballots, and in some cases state's law, prevents meaningful re-counts throughout much of the country;

3. These electronic voting machines frequently produce results impossible in a legitimate election, such as John Kerry's negative 25 million votes in Youngstown, OH (Nov. 2004), or Palm Beach County's 12,000 votes in excess of the number of voters (Aug. 2008).

To us this suggests the conclusion that federal election results are unprovable, even though the media reports them as fact.

Can you draw any other conclusion? Weapons of mass deception are a powerful force working against We The People. This common phrase is so well known, yet rarely considered in a way I would call ruthlessly honest. Ruthless honesty requires that we match up the way we see something with the way we act about it. We already see the corporate media as a weapon of mass deception. Ruthless honesty calls for disarmament. \*\*\*

Known cross-posts of the open letter as of now:

http://www.opednews.com/articles/We-Do-Not-Consent--Open-L-by-Press-Release-081024-862.html

http://www.afterdowningstreet.org/node/37087

http://usacoup.scoop.co.nz/?p=835

http://www.scoop.co.nz/stories/HL0810/S00360.htm

http://www.dailykos.com/storyonly/2008/10/24/202910/15/310/641419

http://www.democraticunderground.com/discuss/duboard. php?az=view\_all&address=203x509838

http://www.democraticunderground.com/discuss/duboard. php?az=view\_all&address=389x4304200

Fairness and Accuracy in Reporting (FAIR) also has a blurb about the letter here.

Permalink:

http://wedonotconsent.blogspot.com/2008/10/how-to-disarmweapons-of-mass-deception.html

### DU – A Stepping Stone to Mini-Nukes

#### By Peter Aronson

The rationale used to 'justify' Hiroshima & Nagasaki – it shortened the war & saved US lives by doing so - is being used to advance our use of uranium in combat. To do so ignores NRC, DoD, DoE & UN Humanitarian laws & a set of regulations forbidding the use of poisonous & indiscriminate agents. It seems the rules that apply to 'others' somehow don't apply when its US that confronts them. Despite the global sense of relief when the cold war ended & nuclear proliferation treaties were signed, we press on bending & ignoring the rule of law, with our public getting only glimpses beyond the veil of "national security" secrecy.

The Use of DU ('depeted' uranium) weapons has been known since their first use in the Yom Kipper war in 1973. The US has accelerated its use of uranium weapons since GW1 in 1991. Though uranium is used in warfare because of its dense, hard & incendiary properties as armor & to penetrate armor, it is not fissionable & therefore not a nuclear weapon.

Uranium, alloyed with tungsten, has a Brinell hardness of 2,570. Iron is 490. Uranium is 1.7 x denser than lead but doesn't mushroom like lead when fired – it burns in air & self sharpens, making it an ideal armor piercing bunker buster. The M1A1 Abrams tank fires a 10 pound "dart" of solid U. with each round. This is the only munition that will penetrate the DU armor the tank uses. Because of these properties the weapon system is coveted and "will not be given up", say US brass.

Here's one side step of common law. The Uranium bullet or dart is propelled by a conventional explosive that is not radioactive, so they (we!) call it a "conventional weapon".

The next step in out path to tactical nuclear weapons is already



### **NOVEMBER 2008**

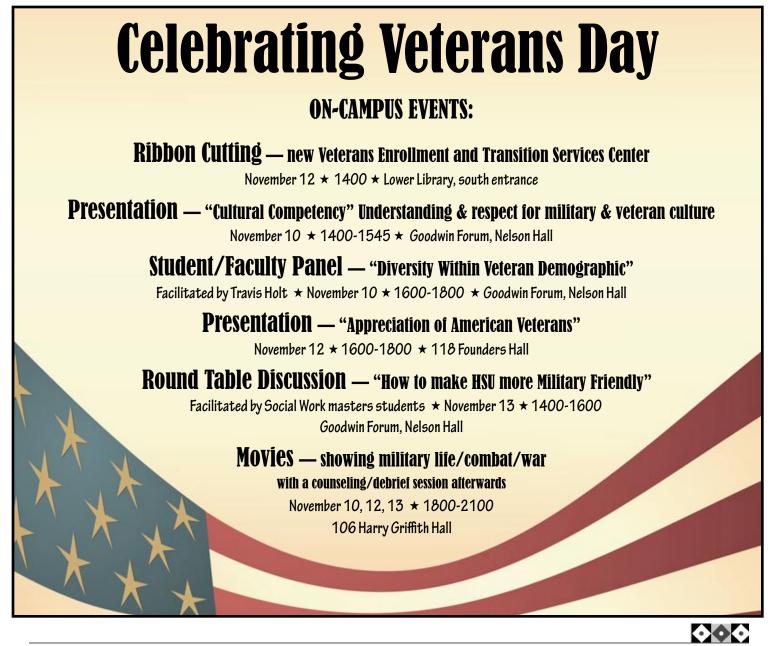
*DU-A Stepping Stone....continued from page 6* here – mini-nukes. Using the same rationale of superiority & saving

US lives, come earth-penetrating weapons. The B61-11 is a true nuke with a 0.3 to 300 kiloton yield range. It can be dropped from 40k feet and penetrate 20 feet of concrete & more than 80 feet of earth. Once delivered, a delayed underground explosion takes place. The weapons lab people can develop these without violating the Comprehensive Test Ban Treaty – a permanent worldwide ban on nuclear testing – by NOT TESTING it, but simply using it!

By rationalizing uranium use in simple DU munitions by calling it "conventional", or developing weapon systems like mininukes, we advance on our path back to the insane & ultimate devastation of nuclear proliferation, the very thing we say we need to fear from others. We claim to be a people who demand and respect law & order. If uranium weapons were used against U.S. or NATO forces there would be hell to pay, but our use is somehow justified. The Department of Homeland Security & the Nuclear Regulatory Commission define a "Dirty Bomb" and radiological dispersion device (RDD) the same: a "radiological agent propelled or dispersed by a conventional explosive". DU muntions are radiological agents propelled by a conventional explosive.

When we rationalize the use of toxic poisons that don't stop after the conflict; that don't confine themselves to combatants; that cause undue harm to the environment; & that are inhumane, they are illegal by virtue of existing Law of Armed Conflict & the Rules of Engagement. Once we rationalized ignoring these laws we're no longer in a position to expect others to do the same.

I have found the enemy & it is US.





Veterans For Peace Chapter 56 Phone 707-826-7124 Email: VFP56@aol.com WE'RE ON THE WEB: http://www.vfp56.org

#### LEADERSHIP TEAM

Rob Hepburn, Steve Stamnes Steve Sottong, Linda Sorter Jim Sorter, John Schaefer Gordon Anderson

#### **STANDING COMMITTEES**

WU/WMD:Peter Aronson General Store: Doug Smith Media: VEOP: Carl Stancil Jon Reisdorf VSC: Marc Knipper

Veterans For Peace Chapter 56 P.O. Box 532 Bayside, CA 95524

# LET US HEAR FROM YOU!

If you would like to submit an article, opinion, comment or response to anything you have read which might interest the members of VFP-56, please e-mail it to turtldncer@aol.com, in word format, or mail to Jim Sorter at 1762 Buttermilk Lane, Arcata, CA 95521. Submissions will be included on a first come basis until the newsletter is full. Late arriving submissions will be archived for future issues.



Psychologists are again assisting in torture ("The Biscuit Breaker." October 27, 2008)? This is insane! (Some of my colleagues might look that up.) We engage in the science of human behavior. How does anyone, in good conscience, translate that into "break-ing people?" The article mentions the sad comments of some truly warped individuals: Reisner "cares more about terrorists than American citizens."

Even they should know, first, that the detainees may be guilty of nothing, second, that whatever is done to our prisioners, will be done to our troops, and third, our principles should not become convertible?

Everyone engaging in torture has sacrificed their humanity for expediency and has brought lasting shame on our nation.